



**March 2010**

Sponsored by:  
Clearfield County Area  
Agency on Aging, Inc.  
P.O. Box 550  
Clearfield, PA 16830  
765-2226 or  
Toll Free 1-800-225-8571

## ***PROJECT DIRECTOR'S NOTE***

Hello! I don't know about you, but I am ready for spring! I want sunshine and flowers instead of snow and ice. It seems like it has been a long winter this year with lots of snow and ice.

We have been very busy since the last newsletter. Our second annual Martin Luther King, Jr. Day of Service was a huge success. You can read more about it in this issue of the RSVP Newsletter.

Our 20th Annual Pancake and Sausage Breakfast was held March 17th and we would like to thank everyone who supported RSVP by donating their time and talents to help us. Also, we would like to thank the Knights of Columbus for donating the use of their beautiful building for the breakfast. We really appreciate the K of C's support of our program.

We are now making plans for National Volunteer Week, getting ready for our annual luncheon, preparing our federal grant application, signing up new stations, and recruiting new volunteers. There is never a dull moment in our office.

I would like to thank every volunteer who braved the winter weather to get out and volunteer at their stations or for a special event. When I look at the timesheets that come in to our office, I am astounded by the dedication RSVP volunteers have in contributing to our community. You are to be commended.

As always, please feel free to stop in to see us anytime. Our door is always open.

*Donna*

## ***FIELD COORDINATOR'S NOTE***

Greetings, everyone! I will be so grateful when all this snow melts and spring is finally here. I wanted to personally thank all our wonderful supporters of the 20th annual Pancake and Sausage Breakfast fundraiser that was held at the Knights of Columbus in Clearfield on March 17, 2010 including the volunteers that donated their time and efforts, the Knights of Columbus, and the local businesses such as PCN, J&G Food Warehouse, Burger King, and both Clearfield McDonalds who donated items.

Your community needs your support more than ever. There are quite a few volunteer opportunities available at this time whether it is to help wrap, sell, or purchase daffodils; donate items or time to the Food Pantry; help at fundraisers by registering individuals, helping to set up and serve, or purchasing from any of the events; helping our disadvantaged younger generation at the schools; visiting at nursing homes; and in many more ways. Your efforts are always appreciated and are such a tremendous help to our community. You are welcome to contact the RSVP office to find out what help is needed in our community.

All of you are so amazing with your dedication and support. Your efforts are so appreciated by many. Thank you for all that you do.

*Best of Providence,  
Connie*

## **RECOGNITION LUNCHEON**

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Plans are underway for our annual Recognition Luncheon. Save May 19, 2010 on your calendars for this annual event. Our volunteer luncheon is an opportunity for RSVP to say “thank you” to all the volunteers who strive to make a difference within their communities.

We would like to take this opportunity to explain a little about the luncheon, awards, etc. At this time, we do not have a requirement of a certain number of hours worked for who gets invited to the luncheon. As long as your station has turned in volunteer hours for you during the past twelve months, you will be invited.

There have been some questions asked about how the awards are decided. Volunteers who have been registered with RSVP for less than one full year receive the ribbon and pin. This could mean that you registered with RSVP in June and are still listed in the program as a new volunteer, even though you have been a volunteer for just about a year. After that, the awards are as following:

1 year through 4 years	-	Certificate
5 years	-	5 Year Pin
6 years through 9 years	-	Certificate
10 years	-	10 Year Pin
11 years through 14 years	-	Pin Attachment
15 years	-	15 Year Pin
16 years through 19 years	-	Pin Attachment
20 years	-	20 Year Pin

This sequence continues with pin attachments given every year between each 5 year milestone. I hope this explains how awards work.

Also, we want to stress the importance of canceling your reservation to the luncheon as soon as you know you cannot attend. We must have the count for meals in to the caterer a week before the luncheon and must pay for that many meals. We understand that in some circumstances people cannot attend for a good reason, but we are seeing a large number of “no-shows” each year. Money that is spent on these leftover meals could be used for other volunteer support. This usually equals a couple of hundred dollars each year.

We are excited about our plans for the luncheon this year. We hope to have great gifts, great entertainment and a great time. Hope to see you there!

## **CHECK OUT OUR WEB PAGE**

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Our sponsor, the Clearfield County Area Agency on Aging, Inc., has a great website where you can learn all about the programs the Agency offers. On this website, you can check out volunteer opportunities and RSVP stations! Just go

to [www.ccaaa.net](http://www.ccaaa.net). To find RSVP, just click on Community Life then Volunteering then RSVP. You can view a complete list of RSVP stations and even help a friend fill in a registration form to join RSVP. Remember, go to [www.ccaaa.net](http://www.ccaaa.net).

## **NATIONAL VOLUNTEER WEEK**

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National Volunteer Week was created in 1974 when President Richard Nixon signed an executive order to establish a special week as an annual celebration of volunteering. National Volunteer Week is the time to thank one of America’s most valuable assets – volunteers! It is a time to draw the public’s attention to all that volunteers do to improve our communities. This year, National Volunteer Week is April 18 – April 24, 2010.

Connie and I would love to see you during National Volunteer Week and thank you for your dedication. If you are in Clearfield, stop by at 116 South Second Street in Clearfield to say hello!

## **VOLUNTEER OPPORTUNITY**

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Have you ever visited any of our local historical museums? Each one has interesting and informative displays for the public to enjoy. Have you ever considered volunteering your time to help your local museum? There are three area museums who have partnered with RSVP to provide volunteer opportunities to our volunteers, the Clearfield County Historical Society Museum, the Coalport Area Coal Museum, and the DuBois Area Historical Museum, Inc. Each one of these museums utilizes volunteers to serve as Host/Hostess. Some could use help in their Genealogy department or assistance with tours or special events.

The scheduling is flexible and you get to meet people from many different parts of the country who come to search for family roots, etc. Please call the RSVP office at 1-800-225-8571 or (814) 765-2226 if you are interested.

# MEMORIALS

A gift to the Retired and Senior Volunteer Program in remembrance of or in honor of someone is a special way to pay tribute while helping others. All memorials and contributions received by RSVP are delegated to volunteer support. This enables us to recruit volunteers that are needed to address community needs in our county. Please consider supporting RSVP with a memorial or contribution.

**A gift to RSVP in remembrance of or in honor of someone is a special way to pay tribute while helping others.**

\_\_\_\_\_ In memory of \_\_\_\_\_ Amount enclosed \_\_\_\_\_  
or

\_\_\_\_\_ In Honor of \_\_\_\_\_  
Name of person to be remembered

Send my receipt to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Send acknowledgement to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

All checks payable to:  
RSVP - PO Box 550  
Clearfield, PA 16830

## MARTIN LUTHER KING, JR. DAY OF SERVICE

Again this year, RSVP partnered with the Volunteer Center of Clearfield County to hold a food drive during the month of January for Martin Luther King, Jr. Day. We would like to thank area schools, businesses, Centers for Active Living/CCAAA staff, RSVP stations, and individuals who contributed to make our second annual food drive such a success.

This year, we collected over a ton of food and over \$760!! All collections were divided and distributed between the ten food pantries of Clearfield County. Again, we extend our thanks to everyone and appreciation for the support of our program.

## VOLUNTEERS BRIGHTEN CHRISTMAS SEASON

Members of the Retired and Senior Volunteer Program of Clearfield County were busy this holiday season. In our September RSVP Newsletter, we issued a request to our volunteers to help make hats and mittens for children throughout the county. The response was overwhelming. Calls came in to our office for patterns, and mittens and hats began arriving. The entire staff of RSVP would like to thank the volunteers for the caring response we received. Hats, mittens, and scarves were distributed to children at Cen-Clear Child Services and through the Clearfield Salvation Army. Also, in the spirit of giving, volunteers from the Grampian area made pillows to give to the Grampian Head Start students. Isn't it wonderful that Clearfield County has so many caring individuals?

### HATS OFF TO....



Twila McKinn for lap robes  
Grampian Crafters & Quilters for walker bags  
Everyone that contributed to our Food Drive  
Everyone that helped at our Pancake Breakfast

## PEANUT BUTTER STRIPED DELIGHT

35 Oreo cookies

1 pkg (8 oz) Cream Cheese, softened

3 cups plus 2 TBSP cold milk, divided

2 pkgs (3.4 oz.) instant vanilla pudding

6 TBSP. butter, melted

1/4 cup of sugar

1 tub Cool Whip topping

1/3 cup peanut butter

Crush cookies into fine crumbs and mix with butter. Press onto bottom of 13x9-inch pan. Refrigerate 10 minutes. Meanwhile, beat cream cheese, sugar and two tablespoons of milk with mixer until well blended. Add 1 1/2 cups Cool Whip, mix well, spread over crust. Beat pudding mixes and remaining milk in large bowl for 2 minutes. Add peanut butter and mix well. Spread over cream cheese layer. Let stand 5 minutes or until thickened. Top with remaining Cool Whip. Refrigerate 4 hours.

Change Service Requested

**CLEARFIELD COUNTY AREA**  
**AGENCY ON AGING, INC.**  
Attn: Retired and Senior Volunteer Program  
P.O. BOX 550  
CLEARFIELD, PENNSYLVANIA 16830



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