

February 2010 Clearfield Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Baked Potato Chili Broccoli & Cheese Apple Juice Oatmeal Raisin Cookies Whole Wheat Bread	2 Porcupine Meatballs Cabbage & Sauce Green Beans Buttered Noodles Cantaloupe Whole Wheat Bread	3 Baked Chicken Breast Dumpling with Gravy Harvard Beets Tossed Salad Brownie Dinner Roll	4 Roast Pork Sauerkraut Mashed Potatoes Sliced Carrots Rice Pudding Whole Wheat Bread	5 Hamburger Baked Beans Potato Salad Grape Juice Apple Hamburger Roll
8 Country Fried Steak with Gravy Buttered Noodles Peas & Carrots Orange Whole Wheat Bread	9 French Dip Sandwich on Roll Mashed Potatoes Brussels Sprouts Sliced Peaches	10 Lemon Pepper Fish Steamed Brown Rice Zucchini & Tomatoes Coleslaw Jell-O Whole Wheat Bread	11 Pork Chop Stuffing with Gravy Sweet Potatoes Three Bean Salad Pineapple Tidbits Whole Wheat Bread	12 Minestrone Soup Egg Salad Sandwich on White Bread Fresh Green Pepper Peach Cobbler
15 Closed - Holiday	16 Linguini with Meat Sauce Mozzarella Cheese Spinach Applesauce Italian Bread	17 Minestrone Soup Peas Egg Salad Sandwich on Whole Wheat Banana Apple Juice	18 Roast Beef with Gravy Mashed Potatoes Mixed Vegetables Tossed Salad Ranch Dressing Graham Crackers Dinner Roll	19 Macaroni & Cheese Vegetable Trio Grape Juice Apricots Whole Wheat Bread
22 Meatloaf with Gravy Baked Potato Spinach Pear Whole Wheat Bread Trail Mix	23 Chicken Breast Verona Penne Pasta with Alfredo Sauce Italian Vegetables Orange Sugar Cookies Whole Wheat Bread	24 Baked Ham with White Beans Noodles Sliced Carrots Apple Juice Jell-O Whole Wheat Bread	25 Stuffed Pepper with Sauce Mashed Potatoes Corn Graham Crackers Whole Wheat Bread	26 Vegetable Soup Turkey & Cheese Sandwich Apple Crisp Orange Pineapple Juice

PLEASE NOTE:

MARGARINE & 2% MILK SERVED WITH ALL MEALS.
MENUS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY.
CONSUMERS WHO HAVE BEEN ASSIGNED A SPECIAL DIET BY THEIR PHYSICIAN
MAY RECEIVE DIFFERENT ITEMS FROM THOSE LISTED ON THE MENU.