

July 2010

Coalport Center for Active Living - Daily Programming

Daily activities include Skip-Bo, puzzles, dominoes, and Computer/Internet Service.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 12:30 PM Center Business Meeting	2 12:30 PM Fourth of July Word Search Bingo
5 Closed for Independence Day	6 9:30 – 11:00 AM Farmers Market 12:15 PM Post Test for Strong Bones	7 12:30 PM Joint Replacement with Kelly Redding	8 12:30 PM Blood Pressure with Sandy, Colonial Courtyard	9 12:30 PM Bingo
12 12:30 PM Craft	13 9:30 – 11:00 AM Farmers Market 12:30 PM Diabetes with Lori Rancik	14 12:30 PM Guess That Baby Contest	15 12:30 PM Exercise w/Wii	16 12:30 PM Bingo
19 12:20 PM Movie Day	20 9:30 – 11:00 AM Farmers Market 12:30 PM Exercise w/Wii	21 12:20 PM Movie Day Continued	22 11:30 PM Blood Pressure w/Dawn 12:30 PM Wii Games	23 12:30 PM Bingo
26 12:30 PM Reminiscing	27 9:30 – 11:00 AM Farmers Market 12:30 PM Craft	28 12:20 PM PrimeTime Health 12:40 PM Birthday Celebration	29 12:30 PM Brain Games	30 12:30 PM Bingo